



SALTER FIT® APP AVAILABLE FOR ANDROID AND IOS

- Visualize the evolution of all your **strength** and **cardio** training done with equipment compatible with SALTER CLOUD in addition to your body measurements with the **X-1 Scale**.
- Follow your workouts by muscle group, date, type of exercise, series, selected load, accumulated load, average rest time, average power, etc. and control the evolution of the main parameters of your body (body fat, muscle fat in a specific area, body perimeters, etc.).
- If you want to purchase equipment compatible with SALTER CLOUD, you can contact us at www.salter.es/contacto