



SH-30 Multi-trainer



TECHNICAL SPECIFICATIONS:

- Machine with magnetic resistance in the part upper and air resistance at the bottom.
- 7 "LCD marker that allows you to perform exercises Tabata.
- 10 interval programs.
- Manually adjustable resistance [12 levels of resistance].
- Climbing rope for Cross-Fit exercises.
- Progressive fan resistance.
- Folding seat to perform standing exercises or seated.
- Soft rope braiding for grip comfortable.
- Upper pulleys adjustable in 6 positions.
- Support platform.
- Side grips.
- Bottle holder.
- Maximum user weight 180 kg.
- Machine weight: 230 kg.
- Dimensions: 106 x 98 x 248 cm.
- Semi-intensive use.

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Dada la constante innovación de nuestros productos, detalles técnicos de esta máquina pueden verse modificados.

