PLATE LOADED MACHINES





M-1518 Shoulder press

TECHNICAL SPECIFICATIONS:

- 3mm rectangular steel chassis.
- 200º polyester powder paint.
- Antibacterial upholstery Norms MRSA, SANITIZED, fire retardant Norm M2, UNE 1021 and absence of solvents and harmful substances Norms OEKO-TEX.
- Seams in deep blue.
- Anatomical seat.
- Height-adjustable anatomical leg rest.
- Help lever to facilitate the start of the exercise with automatic release.
- The movement multiplies the load x 2 due to the type of lever used.

REF.	Ø DISCS
M-1518	30 mm
M-1518/50	50 mm

- Support for discs.
- Disc diameter: 30/50 mm.
- Disks not included.
- Adjustable levellers in the base.
- Lever arm weight: 10 kg.
- Descriptive pictogram of the exercise.
- QR code with access to machine use video.
- Maximum user weight: 180 kg.
- Dimensions: 147x128x82 cm.
- Commercial use.



