SH-01 **Multi-Gym**



Due to constant innovation of our items, technical details of this machine may slightly differ

TECHNICAL SPECIFICATIONS:

Multifunction machine that allows to work the muscles of the whole body. Ideal for strength training.

It enables performing more than 35 different exercises. Its high performance, ease of use and robustness make it an essential equipment for a quality training, both at home as in residential gyms, hotels and small fitness centres.

- Reinforced steel chassis.
- Includes dorsal handlebar and handles.
- Pictogram with basic work stations.
- Work load: 90 kg.
- Maximum weight of the user 170 kg.

- Dimensions: 162 x 100 x 210 cm.
- Weight: 205 kg.

BASIC WORK STATIONS:

- Upper pulley for dorsal, triceps, biceps...
- Adjustable front lever arms in inclination for low row and chest press exercises.
- Leg extension.
- Articulated arms for peck deck, dorsal, biceps, chest press, abductors and gluteus.

