



X-1 SMART SCALE

CHECK YOUR WEIGHTS IN PERCENTAGES OF:



MUSCLE



WATER



BONE



**BMI
BODY MASS
INDEX**



**BMR
BASAL METABOLIC
RATE**



**VISCERAL
WEIGHT**



FAT



WEIGHT

- Download the **SALTER® FIT APP** for free and connect the scale via Bluetooth® to view all the data on your mobile..
- Compare your results with the last weigh-ins on timeline.
- You can also manually add weigh-ins done at your gym or anywhere.
- Automatically track your workouts for a complete fitness experience and see your own progress.



www.salter.es

Due to the constant innovation of our products, technical details of this machine may be modified.