











**X-1 SMART SCALE** 

## CHECK YOUR WEIGHTS IN PERCENTAGES OF:



MUSCLE





BONE



**BODY MASS** INDEX



**BASAL METABOLIC** RATE



WEIGHT

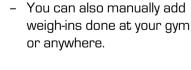


FΔT



WEIGHT

- Download the SALTER® FIT APP for free and connect the scale via Bluetooth® to view all the data on your mobile..
- Compare your results with the last weigh-ins on timeline.



- Automatically track your workouts for a complete fitness experience and see your own progress.







