



XT-529 Recumbent bike XT Series

TECHNICAL SPECIFICATIONS:

- High quality, silent and maintenance free electromagnetic brake system.
- Self-generated (does not require power connection).
- Pulse measurement by contact sensors incorporated in the grips for a comfortable and immediate reading of the pulse.
- Pulse measurement by wireless receiver system included in the marker, radio frequency at 5.3kHz (pulse transmitter belt not included). This system allows you to comfortably control your heart rate in high intensity exercises.
- Longitudinally adjustable seat.
- 7 "backlit LCD monitor with time, speed, distance, heart rate, resistance level and calorie indicators.
- Keys for quick adjustment of resistance.
- Manual and Program Operation.
- 12 Programs.
- 24 Levels of resistance.
- 4 customizable USER programs.
- 4 HRC heart rate control programs to automatically

- control exercise intensity and keep effort within selected heart rate limits.
- RECOVERY recovery test that helps to control physical condition.
- FITNESS test to know the physical condition of the user.
- Bottle rack included.
- Built-in wheels for easy machine transfer.
- Dimensions: 158x61x141 cm.
- Weight: 60 kg.
- Maximum user weight: 180 kg.
- Intensive use.

