

XT CARDIO RANGE



General features of the line:



Electromagnetic Brake

Used in high-end products, generally semi-professional or professional equipment.

Its operation is smooth, silent and very progressive, and maintenance-free.

The system allows training automatically managed by the machine in a very precise way, which expands the training possibilities and resembles to those used in professional gyms.



Intensive Use

It stands out for its high performance and ease of use, ideal for hotels, residential gyms or for demanding domestic use.



Fan

It gives the user instant relief when training.



Self Generated

It does not require a connection to the electrical network, the hybrid "Eco" generator incorporated allows the generation of the necessary current through the movement made by the user, being a totally ecological machine.



Bottle Holder

Designed to store a bottle, easy for the user to access.



Heart Rate Control Programs

to automatically control the intensity of the exercise and maintain the effort within the selected heart rate limits.



24 Resistance Levels

It has a wide range of resistance levels, to be able to adjust the intensity in a very precise way and adapt to your needs based on your physical condition.



12 Training Programs

The wide range of pre-defined programs allows you to carry out a wide variety of workouts.

General features of the line:



Double pulse sensor

Pulse measurement by contact sensors incorporated into the handlebar for a comfortable and immediate reading of the pulse.



Handlebar control buttons

To facilitate use during exercise, it has control buttons on the handlebars, which allows you to change the intensity of the brake without having to press in the console.



Wheels

Built-in wheels for easy movement of the equipment.



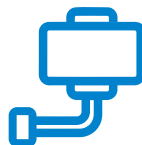
Physical fitness test

It allows to know the physical state of the user and thus, numerically evaluate his resistance.



LCD Monitor

Backlit 7" screen with indicators of time, speed, distance, heart rate, resistance levels and calories.



Mobile/tablet support

Built-in holder to connect devices and sync exercise through interactive workout apps.



Maximum user weight

On all XT line machines, the maximum user weight is 180 kg.

XT-523



Specific characteristics:

- > Large footrest.
- > Distance between pedals 7cm.



It incorporates Incline Ramp

The incline ramp at 3 levels (from 0 to 15°) allows you to increase the intensity of your exercise while allowing you to involve different muscles of the lower body depending on the level of incline.



51cm stride length

Wide stride length that allows any user to use it, regardless of their size, and enjoy long training sessions without postural damage.



XT-523

Elliptical XT LINE

Elliptique LIGNE XT
Elíptica Línea XT

Dimensions

Dimensions
Dimensiones



185x72x171 cm



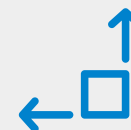
93 kg.

XT-524



Specific characteristics:

- > Vertical seat adjustment.
- > Horizontal seat adjustment.
- > Handlebar with support for the forearms.



Adjustable

The multiple adjustments allow you to adapt the machine regardless your physical complexion and thus improve your training experience.



XT-524

Upright bike XT

Bicicleta Línea XT
Vélo LIGNE XT

Dimensions

Dimensiones
Dimensions



118x63x148 cm



50 kg.

XT-529



Specific characteristics:

- > Easy access.
- > Aluminum rail for seat adjustment.



Adjustable Pedals

The adjustable pedals allow the machine to be adapted to any size of user.



XT-529

Recumbent Bike XT

Bicicleta Reclinada XT
Vélo allongée XT

Dimensions

Dimensiones
Dimensions










158x61x141 cm





60 kg.




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